

*Welcome to Ocean Surgical Pavilion!*

Your COLONOSCOPY or UPPER ENDOSCOPY is scheduled for:

Please arrive at: \_\_\_\_\_ AM/PM. Your procedure is at \_\_\_\_\_ AM / PM with:

_____ Dr. Frederic Gross	_____ Dr. Penny Turtel
_____ Dr. Mitchell Schwartz	_____ Dr. Michael Aquino
_____ Dr. Ben Terrany	_____ Dr. Shamina Dhillon

*\*Please note that due to rare unforeseen circumstances, another doctor in our group may perform your procedure so as not to cause you unnecessary cancellations and re-prep.*

***If you have access to the internet, please go to [www.shoregastro.com](http://www.shoregastro.com) to view the required documentation for your procedure. We require that you bring these completed forms and your current insurance card with you on the day of your procedure. If you do not have internet access, please call our office to obtain the documents. In addition, it is your responsibility to bring any referrals and copays required at the time of service.***

- **Aspirin, Ibuprofen, Advil/Motrin, Anti-Inflammatories and Iron:** Stop one week prior to procedure. You may use Tylenol (acetaminophen) for discomfort.
- **Blood Thinners:** Contact your prescribing physician to see if you may stop **Coumadin/Plavix** 4 days prior to procedure. If you are unable to stop please contact the office at 732-517-8885, ext. 104.
- **Insulin Instructions:** Get instructions from your primary or diabetic physician.
- **Females of childbearing age:** Please schedule the procedure at a time you are most unlikely to be pregnant. A urine test may be required prior to the procedure.
- **Transportation Arrangements:** Instruct your driver that approximate pick-up time will be 1 hour after procedure start time.
- **You may not have anything to drink 4 hours prior to your procedure time. Please refer to your specific prep instructions for other dietary guidelines.**
- **If you have a prescription for an inhaler please bring the inhaler with you to your procedure.**

If you have a medical question related to your procedure, you may call the nurse line at the center; **732-517-8885 Ext. 149** and leave a message with a telephone number where you can be reached. A nurse will return your call as soon as available. You may also email us at [schedulers@shoregastro.com](mailto:schedulers@shoregastro.com) for any other questions.

If you need to cancel or change your appointment, kindly notify us at least 24 hours in advance at 732-517-8885, ext. 128.

Thank you for allowing us to serve your health care needs.

Sincerely,

The Physicians and Staff of Ocean Surgical Pavilion